Guidelines for CANJ Hospitals and Institutions Meetings

1. Avoid prolonged Drug-a-Logs.
2. Do not criticize or make derogatory remarks about the facility, its personnel, or any of its policies and practices. This includes opinions about pills, anti-depressants, tranquilizers, Antabuse and any other medications prescribed by a medical professional which are used by many facilities.
3. Never give medical or legal advice or recommend other facilities to patients.
4. Do not talk down to the group or any individuals.
5. Do not use profanity; you may be stopped by the meeting chairperson if you do.
6. Do not bring visitors: people from outside the fellowship of Cocaine Anonymous.
7. Do not bring anything in or take out any contraband – defined as items prohibited by the facility. This includes written or verbal messages for an inmate or patient other than the message of hope from C.A.
8. If a facility (treatment centers, hospitals) allows exchange of phone numbers do so at your own discretion.
9. Do not promise anyone that resides at the facility jobs or aid of any kind.
10. Dress appropriately and remember that you are a reflection of C.A. No clothing with foul language or imagery. No immodest attire.
11. Make sure that you are properly cleared to attend a correctional institution meeting. If you have outstanding warrants, or are on parole or probation, they may keep you.
12. Show up. Having a meeting “go dark” is worse than not having a meeting there at all. There is nothing that makes C.A. look as bad as nobody showing up to do a meeting. We have been invited to hold these panel meetings by the facilities - it is a privilege. C.A., as a whole, looks bad when no one shows up.
13. The number of people on a panel at an CANJ H&I meeting, whether speaking or sitting in, is limited to 4 people total.
14. The Sobriety Basic Requirements for an individual to speak at a CANJ H&I meeting is either having worked steps 4&5 with their sponsor **or** 90 Days of sobriety. You will be allowed to “sit in” a meeting at 30 Days sobriety but not speak until the Basic Requirements are met. Any people who, up until this date 03.28.24, has attended an H&I meeting will be grandfathered in and allowed to continue to attend. Any person who has a relapse will be required to start over. Anyone who attends an CANJ H&I meeting for the first time must first read this first page of the H&I Binder.
15. In order to be a H&I Lead or Meeting Chair you need to be a member of a Cocaine Anonymous Homegroup.
16. We need to respect the integrity of all other 12-step programs and to refrain from criticizing or disparaging any specific program by name. This approach fosters a supportive and inclusive environment for all individuals seeking help.