

## WHO IS A C.A. MEMBER?

While the name “Cocaine Anonymous” may sound drug-specific, we wish to assure you that our program is not. Many of our members did a lot of cocaine; others used only a little, and some never even tried coke. We have members who drank only on occasion, those who casually referred to themselves as drunks, and others who were full-blown alcoholics. Lots of us used a wide variety of mind-altering substances, calling ourselves stoners, tweakers, junkies or just plain dope fiends. Whether we focused on a specific substance or used whatever we could get our hands on, we had one thing in common: eventually we all reached a point where we could not stop.

According to C.A.’s Third Tradition, the only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. *Whatever you may have been using, if it led you to this meeting, you’re probably in the right place.* Over time, virtually every single one of us has realized that our real problem is not cocaine or any specific drug; it is the disease of addiction.

It can be tempting to focus on our differences rather than our similarities, but this can blind us to potential sources of support in our recovery. As we hear other members’ stories, the most important question to ask ourselves is not, “Would I have partied with these people?” but rather, “Do these people have a solution that can help me stay sober?” We encourage you to stick around and listen with an open mind.

With its all-inclusive Third Tradition and First Step, Cocaine Anonymous welcomes anyone with a drug or alcohol problem and offers a solution. C.A.’s Twelve Steps are not drug-specific, and Cocaine Anonymous is not a drug-specific Fellowship. It doesn’t matter to us if you drank or what type of drugs you used; if you have a desire to stop, you are welcome here!

*Approved Literature*  
*Cocaine Anonymous World Services, Inc.*  
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**In the spirit of the 6th tradition, CA is not allied with any organization, church, or outside programs.**

NJ District of  
***Cocaine Anonymous***

# Meeting List



**We're Here and We're Free!™**

**Need To Talk Right Now? Call NOW!!**

**Help Line (732) 930-1128**

**www.canj.org**  
**Winter 2023**

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution.

We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.

We use the Twelve Step Recovery Program, because it has already been proven that the Twelve Step Recovery Program works.

### To the newcomer we have some suggestions...

- Don't use, go to meetings, work the steps, and change
- Get and use a sponsor
- Use the phone
- Get involved in the group **and** the program
- Make 90 meetings in 90 days
- Get a home group
- Change old people, places, and things
- Keep coming back; it works if you work it

#### Phone Numbers

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## MEETING LIST

### Monday

7:00pm – The Firing Line – O/ST/D – *In Person Only*

In Person: Church Without Borders - 60 Branch St, **Medford, NJ** 08055

7:30pm – New Freedom – C/D – *In Person Only*

In Person: Good Shepherd Lutheran Church - 3139 Route 516, **Old Bridge, NJ** 08857

7:30pm – A Way Out – O/S – *In Person Only*

In Person: Matt C's House - 50 New Brunswick Ave, **Brick Township, NJ** 08724

7:30pm – Live Free – O/S – *In Person Only*

In Person: SMT Center - 731 Washington St, **Hoboken, NJ** 07030

### Tuesday

7:30pm – Serenity in the Sand – O/ST/D – *In Person Only*

Inside: Parish of St. Teresa of Calcutta - 510 5<sup>th</sup> Ave, **Bradley Beach, NJ** 07720

Beach: June 1 through August 31 (Weather Permitting)

4<sup>th</sup> Ave Beach - 4th Ave and Ocean Ave, **Bradley Beach, NJ** 07720

7:30pm – A Fighting Chance – O/B/D – *In Person Only*

In Person: C.H.E.E.R.S Clubhouse - 340 W. 1<sup>st</sup> Street, **Roselle, NJ** 07203

### Wednesday

7:00pm – Dark Side of the Spoon – O/BB – *In Person Only*

In Person: The Counseling Center - 1198 Lakewood Rd #102, **Toms River, NJ** 08753

7:30pm – Keep it Simple – O/B/D – *In Person Only*

In Person: Christ Episcopal Church - 90 Kings Hwy, **Middletown, NJ** 07748

**Thursday** - No Meetings Yet

### Friday

7:30pm – Speedball to Recovery – O/BB/D – *Hybrid (Zoom and In Person)*

In Person: Berkeley Township Parks & Rec - 630 Atlantic City Blvd, **Bayville, NJ** 08721

Zoom: Meeting ID: 571 224 857 - Password: N/A

7:45pm – Friday Night Recovery Group – C/BB/D – *In Person Only*

In Person: New Attitudes Clubhouse - 41 Throckmorton St, **Freehold, NJ** 07748

**Saturday** - No Meetings Yet

**Sunday** - No Meetings Yet

**B - Beginner, BB - Big Book, C - Closed, L - Literature  
D - Discussion, O - Open, S - Speaker, ST – Step**

**Find the latest updates at [www.canj.org](http://www.canj.org)**